

For ages
6 & up!



A Fun Guide

to Storytelling and Activities

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Inspired by:

Nutmeg
by David Lucas



Me Books

Fun reading
starts here!



Foreword

Hello educators!

This serves as a storytelling and activity guide to make learning fun and interactive in the classroom. We want to inspire young learners by bringing stories to life.

We hope you and your students enjoy the contents of this guide just as much as we do!

Me Books Asia



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OVERVIEW & PURPOSE

A story of a girl who decides to change her mundane circumstances and venture out to meet a genie who grants her three wishes.

LEARNING OUTCOME

1. A lesson for students to stand up for themselves and take action.
2. A shift in perspective that being different isn't all that bad.
3. Encourages students to try new things and be adventurous.

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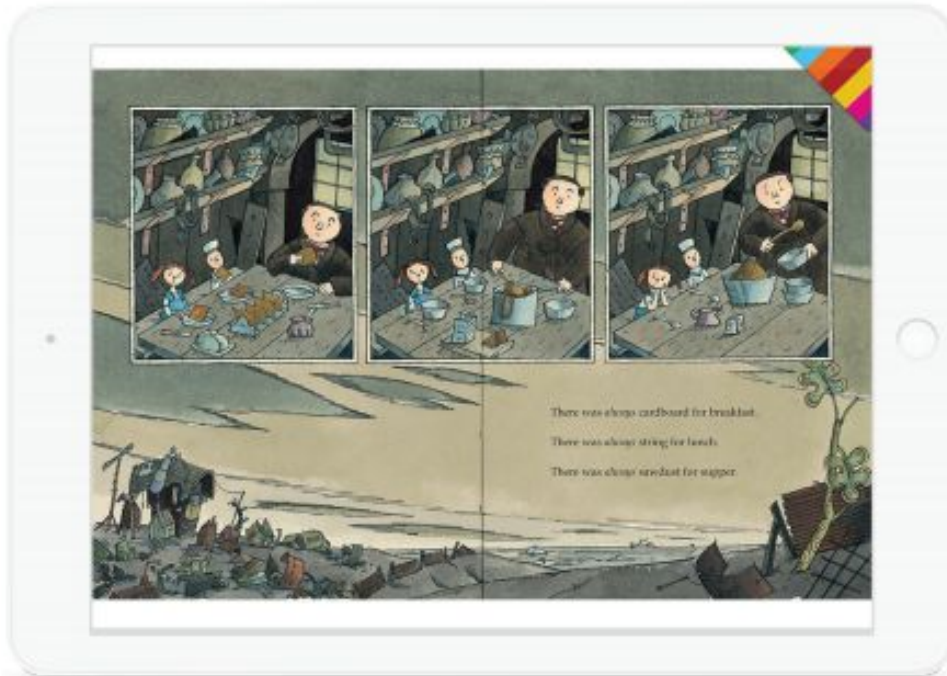
ACTIVITIES

- during storytelling

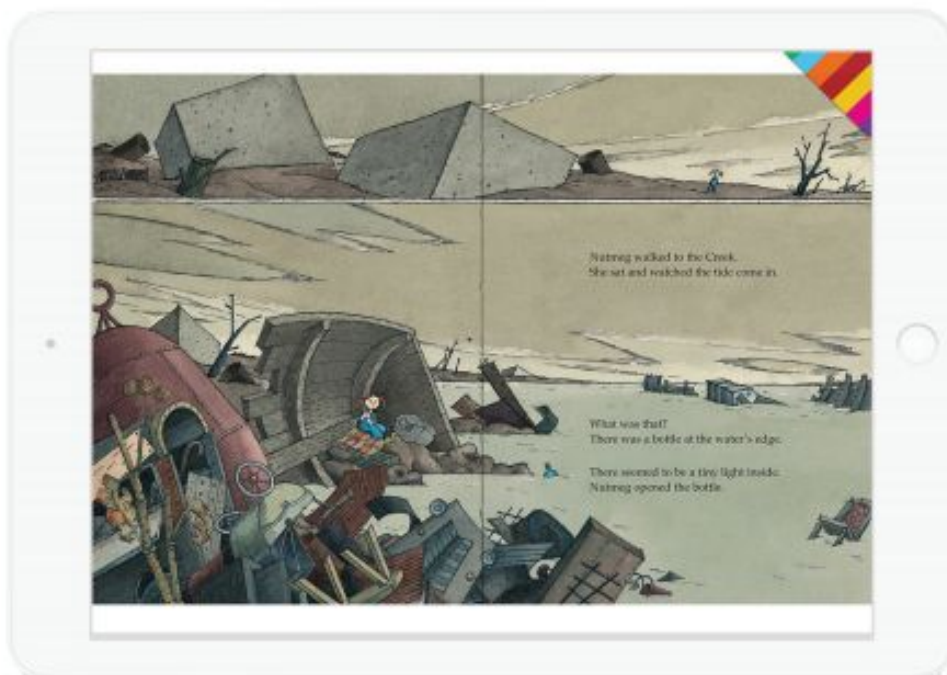


Engaging children with creative play and questions that involve participation throughout the process.

- 1 Show students some cardboard, string and sawdust.



- 2 Ask students where the bottle is.



3

Show students a spoon (wooden, if possible) to represent the magic spoon.



4

Ask students what Nutmeg is having for supper. (Answers: Pear, Pie, Fish, Cake, Pudding)



5

Say "Land Ho!" like Uncle Nicodemus.





ACTIVITIES

- post-storytelling



Each level is based on the difficulty of the activity and approximately how long each activity will take.



NOVICE LEVEL

TIME



1.1 My Three Wishes

Instructions:

Write down your three wishes and explain each one.

What students will learn:

Learning how to set goals, dream big and explore beyond what you can ever imagine.

1.2 My Favourite Food

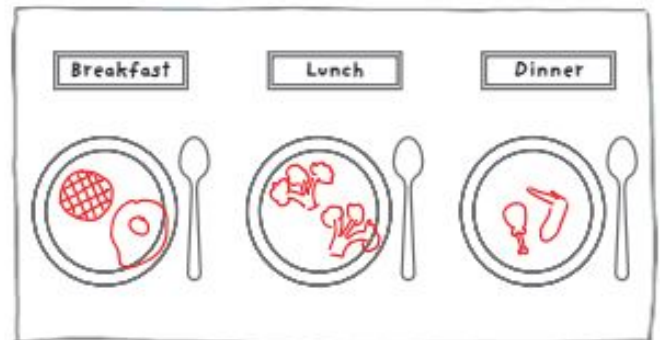
Instructions:

Draw your favourite food in the box for different meals of the day.

What students will learn:

Cultivating students' ideas and thinking skills...and who doesn't love food?

Example:



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download activity sheet here:
<https://bit.ly/2qFKYU0>



NOVICE LEVEL

TIME



1.3 Different Ways People Eat

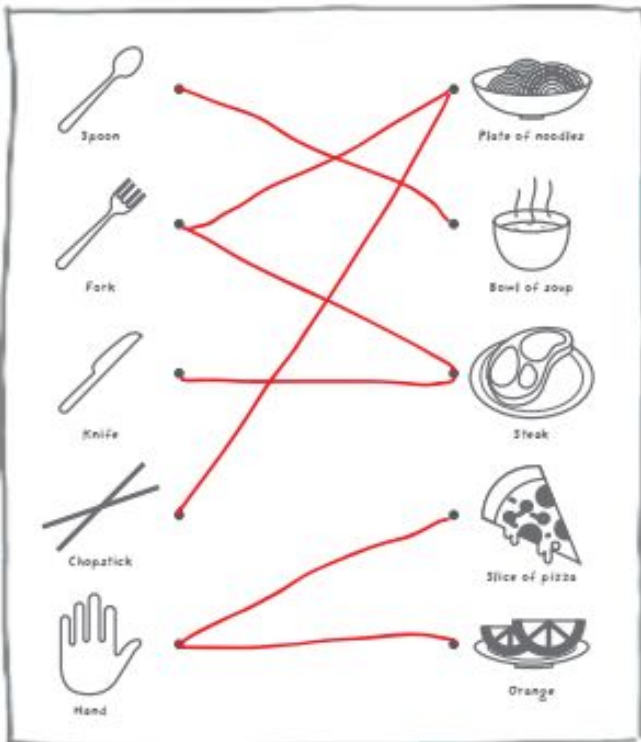
Instructions:

Match the correct utensils to the different kinds of food. The utensils can be matched multiple times.

What students will learn:

Learning about the different utensils used in all parts of the world.

Answers:



Retrieve the template from page 17 or

download activity sheet here:
<https://bit.ly/2SYZdGu>

Dear educators,

Teach students about the different utensils people use around the world.



2.1 What Did They Say?

Instructions:

Fill in the blanks with the correct words.

What students will learn:

Teaches memory skills while recapping the story of Nutmeg.

Answer:

1. a. There was always cardboard for breakfast.
b. There was always string for lunch.
c. There was always sawdust for supper.
2. "I have been trapped for a thousand years," said the Genie.....
3. She sat and watched the tide come in.
4. Nutmeg stood up. "I am going for a walk," Nutmeg said.
5. The spoon conjured up all kinds of ingredients.
6. And that night they all went to sleep with a smile.
7. The spoon mixed up the star.
8. The wind was soft, the sun was rising and the spoon was nowhere to be seen.
9. "Something different for breakfast too!," said Nutmeg.
10. ...it wasn't long before Nutmeg began to wonder what they'd have for lunch.

Retrieve the template from page 18 or

download activity sheet here:
<https://bit.ly/2qESogr>



2.2 Learning Words

Instructions:

Get a dictionary, write down the meaning and create a sentence from each word.

What students will learn:

Expand a student's grammar and vocabulary in the English language.

1. Supper
Meaning: _____
Sentence: _____
2. Dozed
Meaning: _____
Sentence: _____
3. Junked
Meaning: _____
Sentence: _____
4. Different
Meaning: _____
Sentence: _____
5. Bannister
Meaning: _____
Sentence: _____
6. Hoisted
Meaning: _____
Sentence: _____
7. Conjured
Meaning: _____
Sentence: _____

Retrieve the template from page 19 or

download activity sheet here:
<https://bit.ly/2QDhAJu>



2.3 Make Your Own Genie Bottle

Instructions:

Follow the steps on how to make your own genie bottle!

What students will learn:

Stimulates creative expression in arts and crafts.



Materials Needed:

1. Tissues

2. Beans

3. Bottle

4. Glue

5. Paint

6. Brushes

7. Glitter

How to:



1 Get all your materials ready.



2 Apply some glue on the bottle and stick some tissue.



3 Next, apply some glue on the parts you want to design. You can use beans to decorate.



4 Stick some tissue on top of the beans so it will hold the them firmly. Set it aside to dry.



5 After it has completely dried, start painting on the bottle with your desired colours.



6 Finally, apply glue on the parts you want to decorate and add some glitter.



3.1 Spoon Idioms

Instructions:

Explain each idiom containing the word "spoon" in them. Then, ask students to write a sentence based on the idiom.

What students will learn:

Grasping a better understanding of English vocabulary, and expanding students' knowledge in idioms.

1. Born with a silver spoon

Meaning: _____

Sentence: _____

2. Spoon-feed

Meaning: _____

Sentence: _____

3. Stick one's spoon to the wall

Meaning: _____

Sentence: _____

4. Take the wooden spoon

Meaning: _____

Sentence: _____

5. Make a spoon or spoil a horn

Meaning: _____

Sentence: _____

Retrieve the template from page 18 or

download activity sheet here:

<https://bit.ly/2OyRTJY>



ADVANCED LEVEL

TIME



INDIVIDUAL

3.2 Totally Spice

Instructions:

Nutmeg's name is in reference to a type of spice. If you can create your very own spice, what would you name it? Explain the taste and what it can be used for.

What students will learn:

Formulating and implementing ideas, as well as developing thought process.



ADVANCED LEVEL

TIME



GROUP WORK

3.3 Nutmeg Q & A

Instructions:

Ask the questions below and encourage students to discuss among themselves.

What students will learn:

Encouraging students to reason and conceptualise their thoughts and ideas.

Q1.

What is one thing you're afraid of doing?

Suggested Answer: Swimming in the ocean

Q2.

How would you want to overcome it?

Suggested Answer: Start swimming in the pool first

Q3.

Write down one thing you would like to do that you've never done before!

Suggested Answer: Parasailing!

Stickers of Encouragement



Dear educators,

Stickers give students a sense of pride and accomplishment. Hand these out to them as a motivation booster with words like 'Good job!' or 'Keep it up!'.

This is a preview of stickers that will be distributed along with the book.

Name: _____ Class: _____

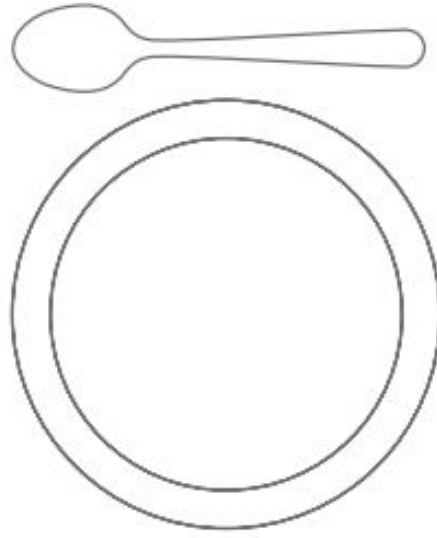
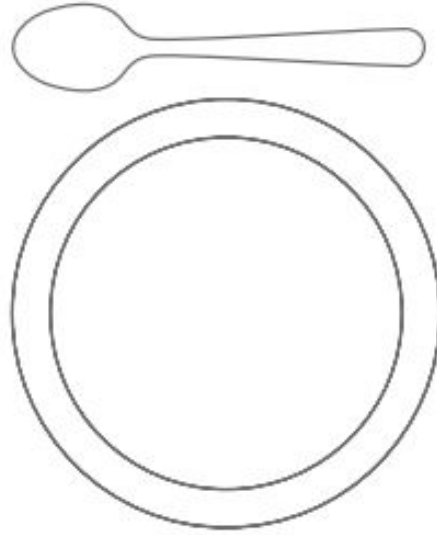
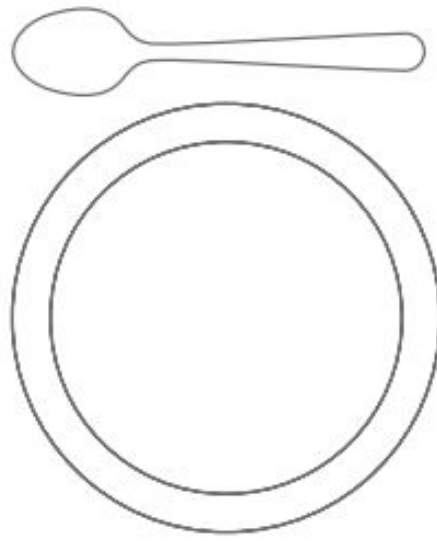
Instructions:

Draw your favourite food on the plate for different meals of the day.

Breakfast

Lunch

Dinner

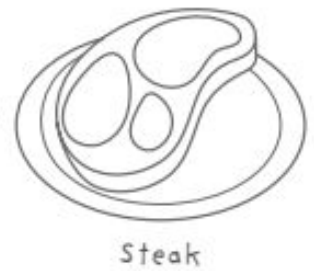
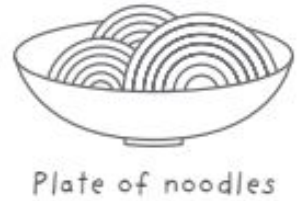


Name:

Class:

Instructions:

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The utensils can be matched multiple times.



Name:

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c. There was always _____ for supper.
2. " I have been trapped for _____ years," said the Genie.....
3. She sat and watched the _____ come in.
4. Nutmeg stood up. "I am going for a _____ ," Nutmeg said.
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6. And that night they all went to sleep with a _____ .
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8. The wind was _____ , the sun was _____ and the _____ was nowhere to be seen.
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Meaning: _____

Sentence: _____

2. Dozed

Meaning: _____

Sentence: _____

3. Junked

Meaning: _____

Sentence: _____

4. Different

Meaning: _____

Sentence: _____

5. Bannister

Meaning: _____

Sentence: _____

6. Hoisted

Meaning: _____

Sentence: _____

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Sentence: _____

Name: _____

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2. Spoon-feed

Meaning: _____

Sentence: _____

3. Stick one's spoon to the wall

Meaning: _____

Sentence: _____

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Meaning: _____

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5. Make a spoon or spoil a horn

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Sentence: _____



**This guide serves to assist educators in
storytelling and activities in the classroom.**

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