

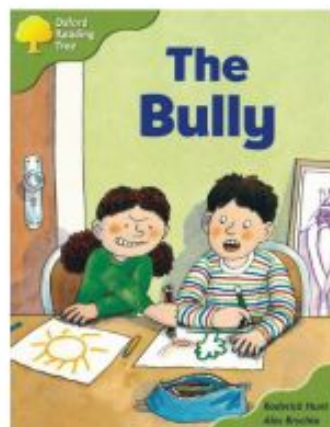
For ages
6 & up!



A Fun Guide

to Storytelling and Activities

This material is a non-profit initiative by Me Books Asia to empower educators and students. Strictly not for sale or promotional purposes.



Inspired by:

The Bully
by Roderick Hunt



Me Books

Fun reading
starts here!



Foreword

Hello educators!

This serves as a storytelling and activity guide to make learning fun and interactive in the classroom. We want to inspire young learners by bringing stories to life.

We hope you and your students enjoy the contents of this guide just as much as we do!

Me Books Asia



All Rights Reserved

This educational project is an initiative by Me Books Asia. No form of duplication and reproduction of the content therein the publication is allowed, exempting internal circulation for educational purposes within the grounds.



OVERVIEW & PURPOSE

The story about Rosie, a new girl in school who turns out to be a bully and learns a lesson.

LEARNING OUTCOME

1. A good book to highlight the issue of bullying.
2. Teach students about empathy and what to do in the event of bullying.
3. To empower students for their ideas to be heard.

Contents

Activities - during storytelling	1
Activities - post-storytelling	5
Novice	6
The Different Bullies (10 Mins)	
Buddy or Bully (10 Mins)	
Be a H.E.R.O. (10 Mins)	
Intermediate	8
Kindness Bingo (20 Mins)	
Compliments All Around! (20 Mins)	
The Line (25 Mins)	
Advanced	12
Kill Em With Kindness (40 Mins)	
Top Ten Tips (40 Mins)	
The Rock (40 Mins)	



ACTIVITIES

- during storytelling



Engaging children with creative play and questions that involve participation throughout the process.

1 **What is Rosie doing?** (Answer: Sticking out her tongue)



A new girl came to the school. She was in Biff and Chip's class. The new girl was called Rosie, and she didn't look very friendly. She pulled a face at Annesa.

2 **Make car sounds!**



The magic turned Rosie into a motor mouth.
"What's happening?" shouted Rosie. "I don't like this."
"You're a motor mouth," said Nodim.

16



Rosie tried to grab the magic key, but Chip threw it to Wilma.
"Give the key to me, Dinosaur Brain," shouted Rosie.
The magic key glowed red again.

17

3

How does a dinosaur sound like?



The boy turned Rosie into a dinosaur again.
"Help!" shouted Rosie. "I don't like this."
The children began to laugh.
"Give me the magic leg!" shouted Rosie.



Wilma threw the leg to Will. Rosie tried to grab it.
"Give me that leg, Parrot Face," she shouted.
But the leg glowed again.

4

How does a parrot talk?



The magic leg gave Rosie a parrot face.
The children laughed and laughed.
"I don't like this," said Rosie. "It's not fair. Give me the magic leg."



Will threw the leg to Noddy.
"Give me that leg!" shouted Rosie.
She tried to grab it, but Noddy threw it to Annette.

5

So, what should you do when you see a bully?

(Suggested Answer: Tell an adult)



Wilma had an idea. She ran and told Mrs Mag about Rosie and the bullies.
"Come quickly, Mrs Mag," called Wilma. "Rosie needs your help."



Mrs Mag went to help Rosie. She told the bullies off.
"Nobody likes bullies," said Mrs Mag. "Bullying is nasty. Don't bully people again."



ACTIVITIES

- post-storytelling



Each level is based on the difficulty of the activity and approximately how long each activity will take.



1.1 The Different Bullies




Instructions:

Fill in the blanks by stating the different types of bullying (direct, indirect, and cyber bullying).

What students will learn:

To identify the different forms of bullying.

Answers:

Forms of Bullying		
		
Direct Bullying	Indirect Bullying	Cyber Bullying
Teasing, assault, verbal attack, destruction of property, physical attack, and etc.	Mean practical jokes, spreading rumours, mocking/making fun, glaring, ganging up and etc.	Use of digital technology, including social media, text messages, email to threaten, humiliate and etc.

Retrieve the template from page 13 or

download activity sheet here:
<https://bit.ly/2H0R0cC>

1.2 Buddy or Bully






Instructions:

Cut and paste the actions in the correct space.

What students will learn:

To differentiate between good or bad company, and to educate students to be a good friend to others.

Answers:

1. The girl said, "Go away!"	
2. He helped his friend.	
3. The girl sent a mean text.	
4. The boy said, "You can't play."	
5. She helped her friend.	

Retrieve the template from page 14 or

download activity sheet here:
<https://bit.ly/2H0R0cC>



1.3 Be a H.E.R.O.

Instructions:

Highlight this poster to students and ask them to colour them accordingly.

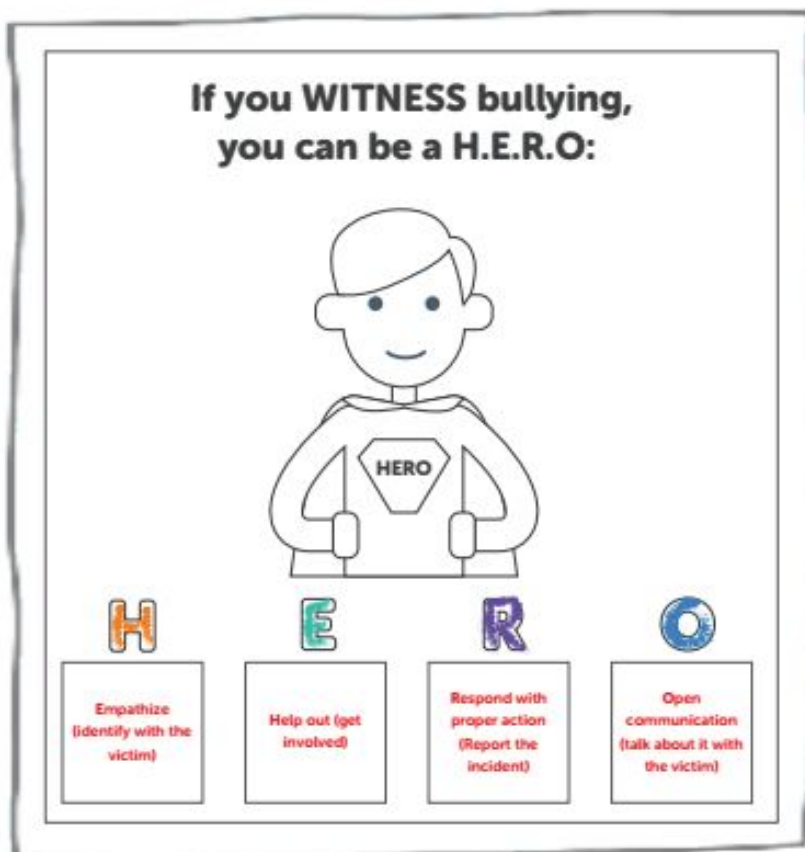
What students will learn:

Highlight the actions when dealing with bullies and teaching the responses to bullying.

Dear educators,

You can emphasise H.E.R.O. in class and get students to memorise what each letter stands for.

Example:



Retrieve the template from page 15 or

download activity sheet here:
<https://bit.ly/2H0R0cC>



2.1 Kindness Bingo

Instructions:

Complete this Kindness Bingo within a week! Once you complete each act of kindness, circle each one until you manage to get a full line! (Either vertically or horizontally)

What students will learn:

Teaching students the value of kindness and respect.

Example:

B	I	N	G	O
Let someone go before you.	Hold the door open for someone.	Write a positive note to a classmate.	Arrange someone's chair.	Help an elder.
Share an adult in the school for something they did.	Sit with someone new at lunch.	Say "Hi" to someone new.	Give a silent wave.	Give compliments.
Play with someone new.	Make a card for your favourite teacher.	Help someone who has dropped something.	Sharpen someone's pencils.	Share your food with those who don't have food for lunch.
Clean up after someone.	Clean up after yourself.	Give a nice compliment.	Help someone before they ask.	Volunteer to clean the school or your house.
Make peace with someone that has hurt you.	Say "Thank You" and "Please" everyday without fail.	Pick up litter you see thrown about even if it's not yours.	Smile and make someone's day a little sweeter.	Offer your seat.

Retrieve the template from page 16 or

download activity sheet here:
<https://bit.ly/2H0R0cC>

2.2 Compliments All Around!

Instructions:

Draw out each word depending on your compliment!

What students will learn:

Exploring the theme of kindness and how little acts of kindness such as compliments can bring a positive ripple effect.

Example:



I love your dress!



You're so thoughtful!



Congratulations!



You're an awesome friend!



or



GROUP WORK

2.3 The Line

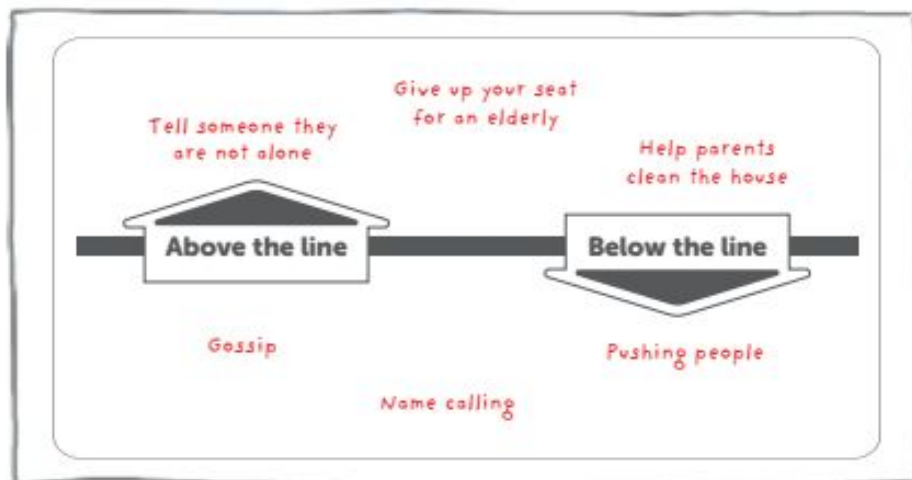
Instructions:

Get students to discuss good and bad behaviour. Good behaviour go above the line and bad behaviour go below the line on the whiteboard or on a large piece of paper.

What students will learn:

To help in understanding the concept of behaviours that are above the line versus below the line and to promote positive behaviour in students.

Example:





3.1 Kill Em With Kindness

Instructions:

Ask students the questions below and discuss it in class.

What students will learn:

To highlight the issue of bullying and empower students to tackle this issue.

Q1.

What is bullying?

Suggested answer: Bullying is when someone is repeatedly mean to me.

Q2.

Why do people become bullies?

Suggested answer: They want to be more powerful than others.

Q3.

How will you react when you see someone being bullied?

Suggested answer: Stand up for others, tell an adult, don't join in the bullying.

3.2 Top Ten Tips

Instructions:

Prepare a large sheet of white paper and ask students to write ten tips to overcome bullying.

What students will learn:

Teaching critical thinking and problem solving in decision making and proposing solutions to a problem.

Example:

Top 10 Tips

1. Speak to an adult such as mom, dad, a teacher or a close friend.
2. Seek a counsellor or therapist.
3. Be a friend to someone who is being bullied.
4. Don't participate.
5. Stop any rumours.
6. Tell the bully to stop by saying it boldly.
7. Reach out to people who are new at school.
8. Speak out for the bullied person.
9. Don't use violence or bad words.
10. Don't bottle up your feelings.



3.3 The Rock

Instructions:

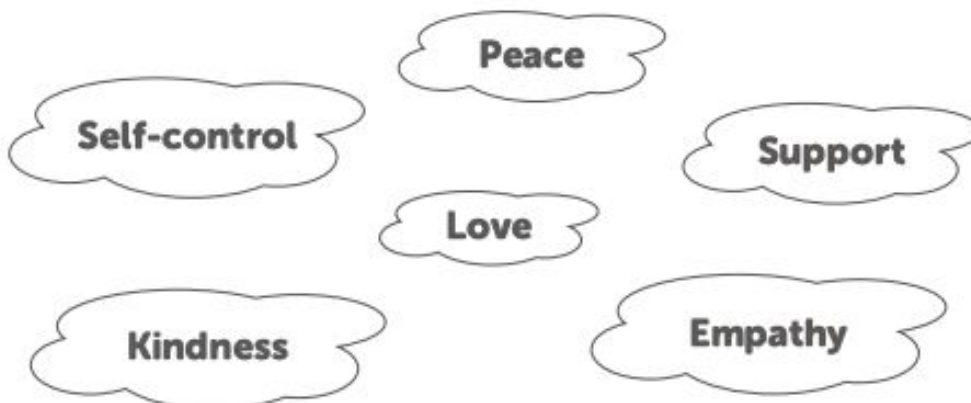
Draw and decorate your rock and include any of these words given.

What students will learn:

Encourage self-expression and mindfulness in students.

Materials needed:

1. Pebbles or rocks _____
2. Paint _____
3. Brush _____



Stickers of Encouragement



Dear educators,

Stickers give students a sense of pride and accomplishment. Hand these out to them as a motivation booster with words like 'Good job!' or 'Keep it up!'.

This is a preview of stickers that will be distributed along with the book.

Name:

Class:

Instructions:

Match the words to different types of bullying (direct, indirect, and cyber bullying).

Indirect Bullying

Cyber Bullying

Direct Bullying

Forms of Bullying



Teasing, assault, verbal attack, destruction of property, physical attack, and etc.



Mean practical jokes, spreading rumours, mocking/making fun, glaring, ganging up and etc.



Use of digital technology, including social media, text messages, email to threaten, humiliate and etc.

Name:

Class:

Instructions:

Cut and paste the actions in the correct space.

1. The girl said, "Go away!"	
2. He helped his friend.	
3. The girl sent a mean text.	
4. The boy said, "You can't play."	
5. She helped her friend.	



Name:

Class:

Instructions:

Highlight this poster to students and ask them to colour them in accordingly.

If you WITNESS bullying, you can be a H.E.R.O.:



H

E

R

O



Respond with proper action
(Report the incident)

Help out (get involved)

Open communication
(talk about it with the victim)

Empathize
(identify with the victim)

Name:

Class:

Instructions:

Get students to complete this Kindness Bingo within a week.

B	I	N	G	O
Let someone go before you.	Hold the door open for someone.	Write a positive note to a classmate.	Arrange someone's chair.	Help an elder.
Thank an adult in the school for something they did.	Sit with someone new at lunch.	Say "hi" to someone new.	Give a silent wave.	Give compliments.
Play with someone new.	Make a card for your favourite teacher.	Help someone who has dropped something.	Sharpen someone's pencils.	Share your food with those who don't have food for lunch.
Clean up after someone.	Clean up after yourself.	Give a nice compliment.	Help someone before they ask.	Volunteer to clean the school or your house.
Make peace with someone that has hurt you.	Say "Thank You" and "Please" everyday without fail.	Pick up litter you see thrown about even if it's not yours.	Smile and make someone's day a little sweeter.	Offer your seat.



**This guide serves to assist educators in
storytelling and activities in the classroom.**

Content therein is for internal circulation only. No form of duplication
or reproduction for any purposes is allowed on any grounds.

#InstillingValuesBeyondPages

